

Walking Together ...in Faith, Not Fear Breakout 2

1. Use this page to work through your own wrong thinking, desires, and actions.



"For as he thinks in his heart, so is he." – Proverbs 23:7a (NKJV)

What am I afraid of regarding my (mom/daughter)?

I am afraid...



"Guard your heart above all else, for it determines the course of your life." – Proverbs 4:23 (NLT)

Why am I afraid of this?

Because I want (or don't want)...

sinful ACTION



"Those who live according to the flesh have their minds set on what the flesh desires" – Romans 8:5a (NIV)

How am I sinfully reacting because of this desire?

I sinfully react to my (mom/daughter) by...

2. Use this page to help you practice right thinking, desires, and actions. (*refer to verses on pages 8 & 9 for help)



"We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ" – 2 Corinthians 10:5 (NASB)

What does God's Word say about my fear?

about God, He is...

about me, I am...



"So we make it our goal to please Him..." – 2 Cor. 5:9 (NIV)

How can I please God in this situation?

godly ACTION



"...let your light shine before others, that they may see your good deeds and glorify your Father in heaven." – Matt. 5:16 (NIV)

Because my goal is to please God, I will

respond to my (mom/daughter) by...



Verses for Reference

God is...

All-knowing (omniscient)
(Psalm 139:1-6, 1 John 3:20)

All-powerful (omnipotent)
(Jeremiah 27:5, Nahum 1:3)

Avenger (Rom. 12:19)

Counselor (John 14:16)

Creator (Psalm 148:5)

Ever-present (omnipresent)
(Psalm 46:1, Psalm 139:7-10)

Faithful (Lamentations 3:22-23,
1 Peter 4:19)

Forgiving (Ephesians 1:7)

Good (Psalm 25:8-9)

Gracious (Exodus 34:6, Psalm 116:5)

Hates Evil (Psalm 5:5-6, Psalm 7:11)

Holy (Psalm 99:9, Isaiah 5:16)

Just (Psalm 89:14)

Longsuffering/Patient
(Numbers 14:18, 2 Peter 3:9)

Love (1 John 4:8-10)

Merciful (loving-kindness)
(Psalm 103:11, Ephesians 2:4-5)

Most High (Psalm 83:18, Acts 7:48-50)

Righteous (Ezra 9:15, Psalm 145:17)

Sovereign (absolute control over all)
(Psalm 115:3, Ephesians 1:11)

Thoughtful (Psalm 139:17, Isa. 55:9)

Truthful (John 17:17, Revelation 3:14)

Unchangeable (Numbers 23:19,
James 1:17)

Wise (Romans 16:27, 1 Timothy 1:17)

As a Christian, I am...

A child of God
(Romans 8:15)

A new creation
(2 Corinthians 5:17)

An overcomer
(1 John 4:4, Revelation 12:11)

A temple of the Holy Spirit
(1 Corinthians 6:19)

Avenged
(Hebrews 10:30)

Chosen in Him
(Ephesians 1:4-5, Colossians 3:12)

Created in Christ to do good works
(Ephesians 2:10)

Forgiven
(Ephesians 1:7, Colossians 2:13-14)

Inseparable from God's love
(Romans 8:38-39)

More than a conqueror
(Romans 8:37)

Never alone
(Hebrews 13:5)

Redeemed
(Psalm 107:2, Galatians 3:13)

Salt and light in the world
(Matthew 5:13-14)

Saved by grace, through faith
(Ephesians 2:8-9)

Set free by truth
(John 8:31-32)

About my situation...

God will meet all my needs
(Philippians 4:19)

I can cast all my cares on God
(1 Peter 5:7)

I can be strong in the Lord
(Ephesians 6:10)

*I am to put my trust in God
when I am afraid* (Psalm 56:3-4)

I have answers to my problems
(2 Peter 1:3-4)

*By God's grace, I can do what
He gives me to do* (1 Cor. 10:13,
2 Cor. 9:8)

I can say "no" to sin and "yes" to God
(Titus 2:11-13, James 4:7)

I can have hope and not lose heart
(2 Cor. 4:8-9, Romans 15:4, 13)

*God is working in me, to make me
more like Jesus*
(Philippians 2:13, Romans 8:28-29)

All that I do, I am to do for God's glory
(1 Corinthians 10:31)

*My suffering and trials are not in vain,
but for my good and God's glory*
(James 1:2-4, Romans 5:3-5)

*I am to be radically removing sin
from my life by God's grace*
(Matthew 5:29-30, Romans 13:14)

*I must take control of my
"wild" thoughts* (2 Cor. 10:5,
Philippians 4:8-9)

*I must tear down idols/idolatry
in my life* (Jonah 2:8, Deut. 7:26)

How I should respond to others...

Accept them (Romans 15:7)

Be honest and speak truthfully
(Proverbs 28:18, Zechariah 8:16)

Bear their burdens with them
(Galatians 6:2)

Build them up, edify
(Romans 14:19, Ephesians 4:29)

Consider them more than me
(Philippians 2:3)

Focus on my sin, not theirs
(Matthew 7:3-5)

Forgive them (Colossians 3:12-14)

*Love, bless, do good to,
and pray for them* (Matt. 5:43-47)

Serve them (Galatians 5:13)